



# St Joseph's Church (Bukit Timah)

Weekly Parish Bulletin • 09 Mar 2025 • 1<sup>st</sup> Sun Lent (Year C)

📍 620 Upper Bukit Timah Road  
Singapore 678116

🕒 Gate Opening Hours:  
8.00am to 9.00pm

🌐 [stjoseph-bt.org.sg/](http://stjoseph-bt.org.sg/)

📘 [facebook.com/sjcbt/](https://facebook.com/sjcbt/)

## PARISH PRIEST

Rev Fr Christopher Lee  
Tel: 6760 0052

## ASST PARISH PRIEST

Rev Msgr Peter Zhang  
[peter.zhang@catholic.org.sg](mailto:peter.zhang@catholic.org.sg)

## ASST PARISH PRIEST

Rev Fr Lourdusamy Prasanna  
[lourdusamy.prasanna@catholic.org.sg](mailto:lourdusamy.prasanna@catholic.org.sg)

## SECRETARIAT

Maggie Chia Tel: 6769 1666  
[sjcbt.secretariat@catholic.org.sg](mailto:sjcbt.secretariat@catholic.org.sg)

## ADMINISTRATION

Evelyn Lau Tel: 6769 1608  
[sjcbt.admin@catholic.org.sg](mailto:sjcbt.admin@catholic.org.sg)

## MASS SCHEDULE

### WEEKDAY MASSES (Chapel of St Joseph)

Mon – Fri : 6.30am, 6.30pm  
Sat : 6.30am

### WEEKEND MASSES

Sat : 5.30pm (Sunset)  
Sun : 7.30am (Mandarin),  
9.30am, 11.30am and 5.30pm

### CONFESSIONS

15 mins before all weekend Masses in  
the Reconciliation Rooms in Church.

## OTHER SERVICES

### ADORATION ROOM

Mon – Fri : 8.00am to 9.00pm  
Sat : 9.30am to 7.00pm  
Sun : 8.00am to 7.00pm  
Public Holidays : 8.00am to 4.00pm

### COLUMBARIUM / ROSARY GARDEN / STATIONS OF THE CROSS

Mon – Sun : 8.00am to 8.00pm

### MEDIA CENTRE (BOOKSHOP)

Sat : 4.30pm to 7.00pm  
Sun : 8.30am to 1.00pm  
Every 2nd Sunday : 8.30am to 1.00pm,  
5.30pm to 7.00pm

### DEVOTIONS

**Holy Hour** : First Friday @ 8.00pm  
in Main Church (unless otherwise stated)

### Mass in Honour of St Joseph :

First Wednesday @ 8.00pm  
in Main Church

### Divine Mercy :

Every Friday @ 8.00pm (except First Fri)  
in the Chapel of St Joseph

### Garden Rosary :

First Saturday after the 5.30pm Mass

**Grotto Rosary** : Every 13th of the month  
after 6.30pm Mass (weekdays only)

### Holy Hour for Vocations :

Every Third Thursday of the month in  
the Chapel of St Joseph @ 8.00pm

### Blessing of Expectant Mothers:

Every Fourth Sunday of the month

## From the Desk of the Parish Priest

## Stations of the Cross : Traditional and Scriptural



In medieval times, the faithful who couldn't read Latin relied on church icons and sculptures as a visual representation of the Bible. The practice of praying the Via Crucis, or "Stations of the Cross," during Lent has its roots in this period. Pilgrims who couldn't travel to Jerusalem would journey with Jesus to Golgotha in prayer.

Over the centuries, the tradition evolved with variations, but the fourteen-station sequence gained popularity worldwide only in the past two to three centuries.

Notably, only nine of the fourteen traditional stations are directly based on biblical accounts. The Gospels don't mention Jesus falling, meeting his mother, or encountering Veronica along the way.

In recent decades, some traditions have added a "fifteenth station," commemorating Jesus' Resurrection from the tomb.

In 1991, Pope John Paul II introduced a revised version of the Stations, all of which are scripturally grounded, hence the "Scriptural Stations of the Cross".

The outdoor Stations of the Cross at our Church; as well as the Stations of the Cross in the main Church and the Chapel of St Joseph are the traditional stations.

The mural that is placed in the foyer just outside the Adoration Room depicts the Scriptural Stations of the Cross.

A comparison of the Traditional and Scriptural Stations of the Cross can be found on page 2.

Come and join us as we reflect on the stations of the cross every Friday during Lent at 7.30 pm in the Main Church.

	<b>Dates</b>	
	07 Mar	28 Mar
	14 Mar	04 Apr
	21 Mar	11 Apr
<b>Fridays in Lent</b>		
Stations of the Cross : 7.30 pm		
Mass : 8.00 pm		
Main Church		

# LENTEN PREPARATIONS

## Stations of the Cross : Traditional and Scriptural (cont'd)

The Traditional and Scriptural Stations of the Cross :

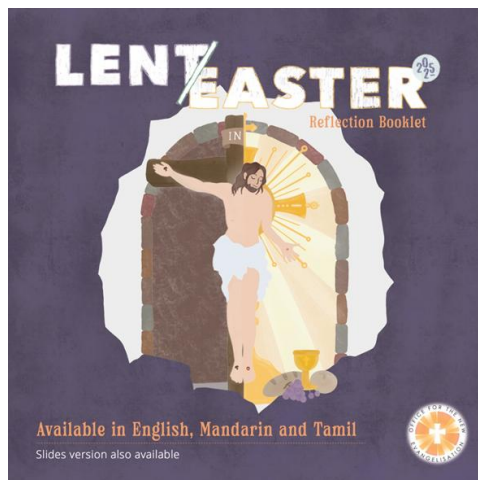
Stations	Traditional	Scriptural
<b>First</b>	Jesus is condemned to death	Jesus in Gethsemane
<b>Second</b>	Jesus takes up the cross	Jesus is betrayed
<b>Third</b>	Jesus falls the first time *	Jesus is condemned
<b>Fourth</b>	Jesus meets his mother	Jesus is denied
<b>Fifth</b>	Simon of Cyrene helps Jesus carry the cross	Jesus is Judged
<b>Sixth</b>	Veronica wipes the face of Jesus *	Jesus is scourged
<b>Seventh</b>	Jesus falls the second time *	Jesus takes up His cross
<b>Eighth</b>	Jesus consoles the women of Jerusalem	Jesus is helped by Simon
<b>Ninth</b>	Jesus falls the third time *	Jesus meets the women
<b>Tenth</b>	Jesus is stripped of his garments	Jesus is crucified
<b>Eleventh</b>	Jesus is nailed to the cross	Jesus and the repentant thief
<b>Twelfth</b>	Jesus dies on the cross	Jesus entrusts Mary and John to each other
<b>Thirteenth</b>	Jesus is taken down from the cross	Jesus dies on the cross
<b>Fourteenth</b>	Jesus is laid in the tomb	Jesus is laid in the tomb
<b>[Fifteenth]</b>	Jesus' resurrection	The women find the tomb empty

\* not mentioned in the bible

## Lent to Easter

This reflection booklet is designed to accompany individuals, families, RCIA groups, parish organisations, ministries, and small Christian communities throughout the Lenten and Easter seasons. It is our hope that by reflecting on the Word of God, they come to encounter more intimately Christ's passion, death, and resurrection.

We pray that this resource will enrich the spiritual journey of your parishioners as they walk with Christ from Lent into the newness of life at Easter.



Let us prepare our hearts this Lent & Easter for the newness of life in Christ Jesus

Download Now



one.org.sg

# LENTEN EVENTS

## Intercessory Prayers (every 2<sup>nd</sup> Wed of the Month)

### St Joseph Intercessory Prayer Group

**Intercessory Prayer Session @ Adoration Room  
Every 2<sup>nd</sup> Wednesday of the Month**

**Starting: 12 March 2025, Wednesday  
Time: 8:00-9:00pm**

*"First of all, I urge that supplications, prayers, intercessions and thanksgivings should be made for everyone." 1 Tim 2:1*

9 April	14 May	11 June	9 July	13 Aug	10 Sep	8 Oct	12 Nov	10 Dec
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## Divine Mercy Way of the Cross (Thursdays)

### Divine Mercy Way of the Cross

Every Thursday @ 8 PM  
6, 13, 19 (Wed) and 27 Mar  
3, 10 and 17 Apr  
Chapel of St Joseph

For more information,  
contact Michael @ 9270 1712.

All are Welcome



## Fridays in Lent (Stations of the Cross)



### Dates

07 Mar	28 Mar
14 Mar	04 Apr
21 Mar	11 Apr

Fridays in Lent

Stations of the Cross : 7.30 pm  
Mass : 8.00 pm  
Main Church

What's on your Mind? (09 Mar @ 2 pm)

Sundays 2.00-3.30pm  
Starting 2 March

WHAT'S ON YOUR MIND?

For students and NSF 13-25 years

Join a conversation on life, faith & purpose

FAITH & BIBLE REFLECTIONS

Alpha YOUTH

This Lent, join the Youth Faith & Bible Reflections community as we explore life, faith and purpose. Register at: [tinyurl.com/YFABLEnt25](https://tinyurl.com/YFABLEnt25)

Mysteries of the Rosary (Tue 11 Mar in person OR Tue 11 Mar via Zoom)

# MYSTERIES of the ROSARY

## The Sorrowful Mysteries

Reflect on the Passion & Death of Jesus with this 7-part series beautifully filmed in the Holy Land!

**Face-to-face:** (no registration needed)

- Starts Tues 25 Feb 11.05am, St Joseph AVA Rm

**Online via Zoom:**

- Starts Tues 4 Mar 8pm and Wed 5 Mar 9am
- Register at: [tinyurl.com/FABLEnt25](https://tinyurl.com/FABLEnt25)



Journey through Lent by reflecting on the Passion and Death of Jesus with a video series on the Sorrowful Mysteries. 7 sessions face-to-face and online via Zoom. Please register for the online sessions at [tinyurl.com/FABLEnt25](https://tinyurl.com/FABLEnt25)

**Solemnity of St Joseph, Spouse of the Blessed Virgin Mary (Wed 19 Mar0)**



**Wed 19 Mar : St Joseph,  
Spouse of the BVM**

6.30 am : Mass in the Chapel of St Joseph

6.30 pm : Mass will be held in the Main Church

Please note that the evening Mass will be held in the Main Church.

**Holy Hour for Vocations (Thu 20 Mar @ 8.00 pm)**

**Holy Hour for Vocations  
Thu 20 Mar 2025  
Time : 8 pm  
Venue : Chapel of St Joseph**

The seminarians from St Francis Xavier Major Seminary will be leading the Holy Hour every third Thursday of the month to pray for Vocations.

Please come and join them to pray for vocations to the priesthood!



Picnic with Dad (Sat 22 Mar)

# Picnic with Dad

**SATURDAY, MARCH 22**

3pm - 5pm, St Joseph's Church Community Hall



Looking for a fun and relaxing way to spend a day with your family? Join us for a picnic in the parish! In this month of St Joseph, we invite all dads to bring your family, pack a picnic basket, and enjoy a day of fun and relaxation.



**Join us for a picnic in the parish and make some unforgettable memories with your family!**

Register: [tinyurl.com/Dadpicnic2025](https://tinyurl.com/Dadpicnic2025)



Join us for a picnic in the parish with dad in this month of St Joseph! Please bring your picnic mat and enough food and snacks for your family. Register at: [tinyurl.com/Dadpicnic2025](https://tinyurl.com/Dadpicnic2025)

Prayer thru Music (Wed 26 Mar @ 8 pm)



- ❖ Praise & Worship
- ❖ Scripture Readings
- ❖ Spiritual Talk
- ❖ Community Bonding

Rev Fr Joseph Zhang, CDD  
Superior of Congregation of the Disciples of the Lord  
(Congregatio Discipulorum Domini)



## "He loved us"

**26 March 2025 (Wednesday) 8PM**  
**@ Level 3, St Mary, AVA Room**  
**Parish Community Hall**



**Prayer thru Music** ©  
(brought to you by SAHOP)



**JUBILEE 2025**  
Pilgrims of Hope in Community



e-mail: [sahop.sjcbt@gmail.com](mailto:sahop.sjcbt@gmail.com)



Society of St Vincent de Paul  
Conference of St Joachim

Statement of Income and Expenses for Feb 2025

Donations	\$ 17,700.97
Expenditure	\$ 18,779.83
Deficit	\$ 1,078.86

Thank you for your support for our Friends-in-Need!

# Canossaville



Every year on 3rd March, the world comes together to celebrate World Hearing Day—a day dedicated to raising awareness about hearing loss, promoting ear and hearing care, and emphasising the importance of early intervention.

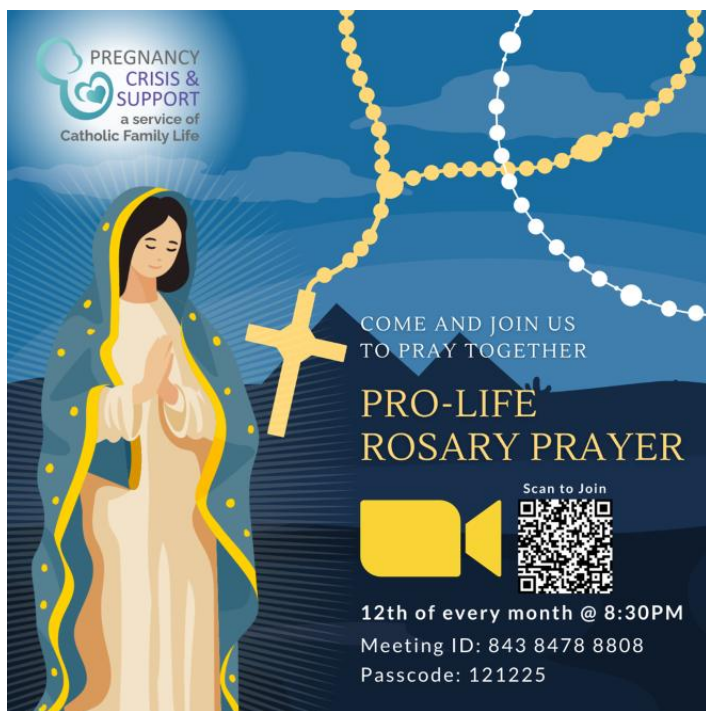
Here in Singapore, Canossaville is committed to empowering children with hearing loss from as young as 18 months to 12 years old. Through their inclusive environment, they learn, play, and grow alongside their hearing peers, ensuring they have every opportunity to thrive.

Discover how Canossaville helps children hear the beautiful sounds of God’s creation - <https://youtu.be/jT1gTBGdNRs>.

Visit [canossaville.org.sg](http://canossaville.org.sg) to learn how you can help make an impact!

# AROUND THE ARCHDIOCESE

## Pro-Life Rosary Prayer (Wed 12 Mar @ 8.30 pm)




**PREGNANCY CRISIS & SUPPORT**  
a service of Catholic Family Life

COME AND JOIN US  
TO PRAY TOGETHER

### PRO-LIFE ROSARY PRAYER

Scan to Join



12th of every month @ 8:30PM  
Meeting ID: 843 8478 8808  
Passcode: 121225

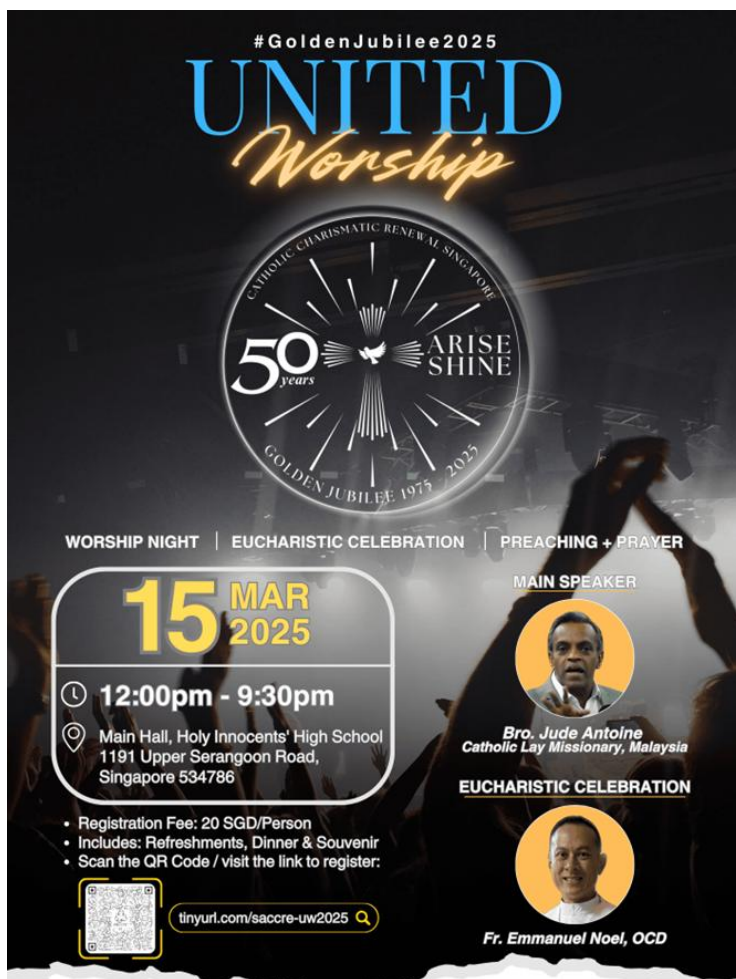
Our Lady of Guadalupe Pro-Life Rosary  
by Pregnancy Crisis & Support  
a service of Catholic Family Life

**“The power of the Rosary is beyond description”**

The Our Lady of Guadalupe Pro-Life Rosary is a beautiful way to pray for the unborn children and all who are affected by abortion. Let our Rosaries be our weapon against the culture of death and let us pray for the dawning of a new culture, the culture of LIFE!

Our Lady of Guadalupe,  
Pray for us!

## SACCRE (15 Mar @ 12 nn)



#GoldenJubilee2025

# UNITED Worship

CATHOLIC CHARISMATIC RENEWAL SINGAPORE

50 years ARISE SHINE

GOLDEN JUBILEE 1975 - 2025


WORSHIP NIGHT | EUCHARISTIC CELEBRATION | PREACHING + PRAYER

**15 MAR 2025**

🕒 12:00pm - 9:30pm


📍 Main Hall, Holy Innocents' High School  
1191 Upper Serangoon Road,  
Singapore 534786

• Registration Fee: 20 SGD/Person  
• Includes: Refreshments, Dinner & Souvenir  
• Scan the QR Code / visit the link to register:




[tinyurl.com/saccres-uw2025](https://tinyurl.com/saccres-uw2025)

MAIN SPEAKER



**Bro. Jude Antoine**  
Catholic Lay Missionary, Malaysia

EUCHARISTIC CELEBRATION



**Fr. Emmanuel Noel, OCD**



FOLLOW US  
@SACCRESG

Contact us for enquiries  
6280 7003  
saccres.resourcecentre@gmail.com



# AROUND THE ARCHDIOCESE

## CJC 50<sup>th</sup> Anniversary (Sat 15 Mar)



The poster features three circular images: a group of people socializing, a group in red polo shirts, and a group on a Ferris wheel. The background is blue and yellow with wavy patterns.

**CJ 50**  
1975  
2025  
A FAMILY UNITED  
IN TRUTH & LOVE

**CJC 50TH ANNIVERSARY  
FOOD & FUN FAIR**

SAT 15 MARCH • 9AM - 5PM  
CATHOLIC JUNIOR COLLEGE

Get your tickets now!



## Come Sit with Me Lah! (Commencing 18 Mar)



The poster has a colorful, stylized background with a large figure of Jesus and a smaller figure of a child. The text is in various colors and fonts.

**COME SIT WITH ME LAH !**  
The crowd sat with Him, Mary sat at His feet. Little children sat on His lap.  
**What about you ?**

Come sit with me Lah! is an invitation to discover God's love in a 6-week Lenten retreat at your own home.  
Inspired by St Francis of Assisi and St Ignatius of Loyola, facilitated by Friars and Lay Spiritual Directors.

**from 18 March 2025**  
@ 7PM for 6 Tuesdays

Held at  
San Damiano Franciscan Centre  
5 Bukit Batok East Ave 2  
18 March to 22 April 2025,  
7:00 to 9:30PM  
\$300 per pax over 6 weeks  
Register early...limited spaces  
Come sit with Me Lah!

Registration link  
<https://forms.gle/NU9iwNypEm46kM5o7>



REGISTER HERE

For enquiries, please email [365everydaygod@gmail.com](mailto:365everydaygod@gmail.com)

The retreat is facilitated by Lay Spiritual Directors from Life Direction Singapore in collaboration with the Friars of San Damiano Franciscan Centre.

The retreatants will meet once a week with the larger community to experience different forms of praying and small group faith sharing of their experiences encountered in their prayer time at home. Scripture/readings will be provided to help the retreatants into the daily rhythm of prayer.

Creating Safe Spaces (22 – 23 Mar)



**Creating Safe Spaces**  
*in Communities and Religious Institutions*

**WHEN:** 22-23 March 2025; 9:00-5:00 pm  
**WHERE:** La Salle House Conference Room  
Facilitated by Fr. James Gascon, SJ

**Who should attend?**  
Leaders and members of Church ministries/Catholic organisations  
Persons who accompany others *teachers, mentors, catechists, facilitators, etc.*

A Cenacle-organized workshop



**REGISTER NOW**

This two-day workshop seminar introduces Safeguarding as Charism and Spirituality, starting with its theological and spiritual foundation. Abuse and all its forms will be defined. The dynamics of victimization and offending will also be explored. This workshop is highly recommended to all holding leadership positions in the Church.

As Pope Francis insists, “We are a sign that the ministry of safeguarding belongs to all of us as it is part of the Church's ministry, indeed of evangelization itself,” and without safe spaces and interior freedom from the heart, our Church will never be safe where the Gospel is freely proclaimed.

His Seven Last Words on the Cross (Fri 28 Mar)

# His Seven Last Words On The Cross

A Lenten Reflection by Br Collin Wee, FSC

Register now  
<https://forms.gle/c8rmsf1cpmBxAjBd8>



**Date:** Friday, 28 March 2025  
**Time:** 8 pm – 10 pm  
**Venue:** La Salle House  
 490 East Coast Road, S'pore 429058  
**Contribution:** \$40 per adult  
 SAVE \$10 WITH EARLY BIRD OFFER  
 of \$30 per person if you register before  
 Wednesday, 12 March



# AROUND THE ARCHDIOCESE

Choice Weekend (29 – 31 Mar)

**CHOICE** FOR YOUNG ADULTS SINGLE OR DATING  
**WEEKEND** 18-40  
A CATHOLIC FAMILY LIFE AFFILIATE

TO KNOW LOVE AND SERVE YOU

**UNCOVER THE RICHNESS AND POVERTY OF YOUR RELATIONSHIPS**

29 - 31 March 2025  
Weekend @ LaSalle House

6 - 8 June 2025  
Weekend @ San Damiano Franciscan Centre

18 - 20 October 2025  
Weekend @ Punggol Retreat Centre

Registration closes 2 weeks before each weekend  
Contact Greg @ 91704011  
<https://bit.ly/ChoiceSG25>

## SHINE25

# SHINE25

FOR POLY, ITE & PRIVATE DIPLOMA STUDENTS  
BETWEEN 16-25 YEARS OLD ONLY

DATE: 1 APR (TUE) - 5 APR (SAT)  
VENUE: 2 LORONG LOW KOON (S)536449  
COST: \$81.75 (INCL. 9% GST)  
SIGN UP HERE:  
[TINYURL.COM/SHINE25P](https://tinyurl.com/shine25p)

SCAN HERE TO FIND OUT MORE!

ABIDE IN ME  
JOHN 15:4

OYP  
Office for Young People  
CATHOLIC ARCHDIOCESE OF SINGAPORE

Calling all Polytechnic, ITE and Private diploma students between 16-25 y/o! SHINE is a Catholic encounter retreat for all who are currently studying or waiting to be enrolled in any local Polytechnic, ITE, or private diploma institutions!

Jesus calls you to abide and remain with Him as you enter into a new academic year! Come and accept His invitation!

**Seeds of Growth (Sat 5 & 12 Apr)**



# **SEEDS OF GROWTH**

**FOR A-LVLS/IB STUDENTS**

**SATURDAYS, 5 & 12 APRIL | 10AM TO 12.30PM**  
**OYP, 2 LORONG LOW KOON**



OYP is back with its next run of Seeds of Growth — happening over two Saturdays in April for all A-levels/IB students!

There'll be worship, faith formation sessions, prayer, and fellowship. Come and grow in friendship with God, and fellow A-levels/IB students!

## Heart-to-Heart Conversations (Sat 05 Apr)

### HEART-TO-HEART CONVERSATIONS (H2H)

Date: 5 Apr 2025 OR 3 May 2025

Time: 9.30am - 3:30pm

Venue: Kingsmead Centre

Cost: \$100/- (lunch included)



CATHOLIC  
LEADERSHIP  
CENTRE

Register at: [www.catholicleader.sg](http://www.catholicleader.sg)

Do you desire to be a better leader or a better companion in journeying with others? Start with being a better listener as listening is the foundation of accompaniment. This Listening Recollection provides participants a sacred time and safe space to reflect silently and listen to God in His Word. Thereafter they are invited to listen to one another without judgment and receive the gift of being listened to with undivided attention, within small groups.

## Companions (Sat 12 Apr)

### COMPANIONS (COMP)

Date: 12 Apr 2025 & 17 May 2025

Time: 9.30am – 12.30pm

Venue: Agape Village

Cost: \$60/- (teabreak included)



CATHOLIC  
LEADERSHIP  
CENTRE

Register at: [www.catholicleader.sg](http://www.catholicleader.sg)

As baptised followers of Jesus, we are all called to accompany one another in our journey towards holiness. Experience a taster of what it means to be walked with and to walk alongside another within a mutually enriching relationship, each supporting the other to grow in faith and holiness together.

Crucis (Sat 12 Apr)

# CRUCIS SINGAPURA

*A Barefoot Way Of The Cross*

*Come join us for a guided reflection of the Way of the Cross, offering our personal intentions, while walking barefoot (optional) across Singapore*



APR  
12  
2025



Register for free



An Initiative of Jesus Youth Singapore

Jesus Youth invites you to join Crucis Singapura, a unique 'Way of the Cross' experience, where participants walk barefoot (optional) across the island, marking the sign of the Cross. Participants can choose from one of four pre defined routes, ranging from 6 to 18 km. The event is scheduled for 12th April 2025, and registration is free.

Register at <https://singapore.iesusyouth.org> by 6th April 2025. For any inquiries, contact Aji George at 8339 1887.

**Paschal Triduum : Holy Week Retreat (17 – 20 Apr)**

## PASCHAL TRIDUUM: Holy Week Retreat

**17-20 April 2025**  
at La Salle House



**Stay-In Retreat**  
**Limited Vacancies**  
**Register early**



A Cenacle  
organized  
Programme

There will be daily input sessions, spiritual direction, Sacraments and Liturgies from Maundy Thursday to Easter Sunday. Due to limited rooms, early registration is recommended.



# Mission

## BRINGING THE EASTER JOY OF THE RESURRECTION TO REFUGEES IN BOGOR

Our mission seeks not only to meet essential needs but also to equip these individuals and families with the tools to regain self-reliance and rebuild their lives. By accompanying them on this journey of recovery, we remind them that they are not forgotten. Together, we can offer a beacon of hope and the assurance of God's unfailing love.

*St. Josemaria: "Do not forget that doing good means more than wanting to do good. We must sacrifice ourselves, by giving ourselves, for the good of others."*

### 30TH APRIL TO 4 MAY 2025

#### WHAT WE WILL DO

During this mission trip, we will engage in a range of impactful activities designed to bring hope, healing, and empowerment to the refugee community

#### PILGRIMAGE

We end the mission with a pilgrimage of thanksgiving and presentation of petitions to the Church of Our Lady of the Assumption, a neo-gothic masterpiece and one of Indonesia's most iconic Catholic landmarks.

#### HOW YOU CAN HELP

Be a part of the mission. Donate preloved or new items needed by the refugees. If you cannot join, consider sponsoring someone willing to serve but unable to afford the expenses. Pray for Us:

+65 92347889

<https://www.gebirah.org/bogorrefugees>

[gebirah@charis-singapore.org](mailto:gebirah@charis-singapore.org)



From Shifting Sand to Solid Ground (17 – 18 May)

# From Shifting Sand to Solid Ground

A Midlife Retreat by Sr. Bubbles, RC

**Dates: 17-18 May 2025**

**Venue: La Salle House**

*We need to walk on shifting sand  
to find a home on Solid Ground.*



A Cenacle  
programme

The retreat will evoke significant questions during this life transition: Who am I? How have my relationships impacted me? How would I like to live meaningfully and fruitfully? While the approach to this retreat is psycho-spiritual, the call at this life stage is essentially to undertake a spiritual journey towards a more intimate relationship with self, others and God.

## Marriage Preparation Courses



This course, spanning over 6 half-day sessions on weekends, is designed to help couples build strong foundation for a lasting fulfilling marriage.

READY TO MARRY?



**2025 DATES**

**CLOSED** ~~09 Feb - 16 Mar~~

**Q2** 04 May - 08 Jun

**Q3** 20 Jul - 31 Aug

**Q4** 05 Oct - 09 Nov

Scan to Register!



Couples intending to celebrate your union in the Catholic Church are encouraged to attend MPC as early as possible before your wedding date

For more info : [www.mpcsingapore.com](http://www.mpcsingapore.com)





# Career Counselling for PME

*"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Mt 7:7*

- ✓ CAREER EXPLORATION
- ✓ WORKPLACE WELL-BEING
- ✓ CAREER TRANSITION
- ✓ JOB SEARCH STRATEGIES

Sessions conducted via Zoom



Scan the QR Code to Register

*There will be a nominal charge of \$10 to cover administrative costs. All PMEs are welcome*