



# St Joseph's Church (Bukit Timah)

Weekly Parish Bulletin • 16 Mar 2025 • 2<sup>nd</sup> Sun Lent (Year C)

620 Upper Bukit Timah Road  
Singapore 678116

Gate Opening Hours:  
8.00am to 9.00pm

stjoseph-bt.org.sg/

facebook.com/sjcbt/

## PARISH PRIEST

Rev Fr Christopher Lee  
Tel: 6760 0052

## ASST PARISH PRIEST

Rev Msgr Peter Zhang  
peter.zhang@catholic.org.sg

## ASST PARISH PRIEST

Rev Fr Lourdusamy Prasanna  
lourdusamy.prasanna@catholic.org.sg

## SECRETARIAT

Maggie Chia Tel: 6769 1666  
sjcbt.secretariat@catholic.org.sg

## ADMINISTRATION

Evelyn Lau Tel: 6769 1608  
sjcbt.admin@catholic.org.sg

## MASS SCHEDULE

### WEEKDAY MASSES (Chapel of St Joseph)

Mon – Fri : 6.30am, 6.30pm  
Sat : 6.30am

### WEEKEND MASSES

Sat : 5.30pm (Sunset)  
Sun : 7.30am (Mandarin),  
9.30am, 11.30am and 5.30pm

### CONFESSIONS

15 mins before all weekend Masses in  
the Reconciliation Rooms in Church.

## OTHER SERVICES

### ADORATION ROOM

Mon – Fri : 8.00am to 9.00pm  
Sat : 9.30am to 7.00pm  
Sun : 8.00am to 7.00pm  
Public Holidays : 8.00am to 4.00pm

### COLUMBARIUM / ROSARY GARDEN / STATIONS OF THE CROSS

Mon – Sun : 8.00am to 8.00pm

### MEDIA CENTRE (BOOKSHOP)

Sat : 4.30pm to 7.00pm  
Sun : 8.30am to 1.00pm  
Every 2nd Sunday : 8.30am to 1.00pm,  
5.30pm to 7.00pm

### DEVOTIONS

**Holy Hour** : First Friday @ 8.00pm  
in Main Church (unless otherwise stated)

### Mass in Honour of St Joseph :

First Wednesday @ 8.00pm  
in Main Church

### Divine Mercy :

Every Friday @ 8.00pm (except First Fri)  
in the Chapel of St Joseph

### Garden Rosary :

First Saturday after the 5.30pm Mass

**Grotto Rosary** : Every 13th of the month  
after 6.30pm Mass (weekdays only)

### Holy Hour for Vocations :

Every Third Thursday of the month in  
the Chapel of St Joseph @ 8.00pm

### Blessing of Expectant Mothers:

Every Fourth Sunday of the month

## From the Desk of the Parish Priest

## Pillars of Lent



The three traditional pillars of Lent are prayer, fasting and almsgiving. Through the three pillars of Lent we journey to develop a closer relationship with God.

Leading up to and throughout Lent, keep in mind that above all, this season is a time for deepening your relationship with the Lord.

### 1. Prayer

Prayer is the foundation of Lent, allowing us to deepen our relationship with God and focus on spiritual growth. Prayer brings us closer to God.

We can engage in daily prayer and meditation, reading scripture and spiritual texts.

### 2. Fasting

Fasting involves giving up certain comforts or luxuries to focus on spiritual growth and self-denial. Fasting strengthens our will and dependence on God

We can give up meat or certain foods, abstain from luxuries or comforts (e.g., social media, TV) or engage in acts of charity and service

### 3. Almsgiving

Almsgiving involves giving to those in need, demonstrating our commitment to charity and social justice. Almsgiving opens our hearts to the needs of others.

We can donate to charitable causes, volunteer our time and skills to help others, or engage in acts of kindness and generosity

By embracing these three pillars, we can deepen our spiritual lives, grow in faith, and prepare for the celebration of Easter.

The three pillars of Lent—prayer, fasting and almsgiving—serve as guideposts on this 40-day journey. As we enter the second week of Lent, have we taken stock of our spiritual growth, and considered how we can continue to deepen our relationship with God?



Catholic News is available this weekend. Find out what happened at the second Archdiocesan Assembly, how the Pope chooses his monthly prayer intentions, and hear from two people who will be baptised this Easter.

## 2025 North District Lenten Penitential Services

# North District Parishes 2025 Lenten Penitential Services



Day & Date	Parish	Time
Tue 1 April	St Joseph's Church (BT)	8 pm
Wed 2 April	Holy Spirit	10.30 am & 8 pm
Thu 3 April	Christ the King	10.30 am & 8 pm
Mon 7 April	Our Lady Star of the Sea	8 pm
Tue 8 April	Risen Christ	10.30 am & 8 pm
Wed 9 April	St Anthony	8 pm

## Charities Week 2025

**Caritas SINGAPORE**  
*God's Love in Action*

**CHARITIES WEEK**  
15 MARCH - 25 MAY 2025

# WALK WITH ME

This Charities Week, join us in walking alongside Boys' Town and other charitable organisations in Caritas Singapore Family as we uplift vulnerable communities and transform lives.

SCAN THE QR CODE TO MAKE AN ONLINE DONATION.

[bit.ly/cw25donate](https://bit.ly/cw25donate)

Please support and donate generously towards Charities Week 2025, an Archdiocesan annual fundraising project. The funds raised will enable the Caritas Singapore Family to provide vital programmes and services to serve the poor and elderly, persons with disabilities or special needs, migrants, youth-at-risk, lower-income families, and more.

Pick up a Charities Week 2025 envelope to donate and mail it to Caritas Singapore (for cheques only) or drop it in the donation box in the Cry Room. You may also wish to donate online by scanning the QR code:

Your contribution will make a difference to the lives of those in need. For more information, please contact us at 6801 7400 or visit our website at [www.caritas-singapore.org](http://www.caritas-singapore.org).

# LENTEN EVENTS

## Intercessory Prayers (every 2<sup>nd</sup> Wed of the Month)(Next Session 9 Apr)

**St Joseph Intercessory Prayer Group**

**Intercessory Prayer Session @ Adoration Room  
Every 2<sup>nd</sup> Wednesday of the Month**

**Starting: 12 March 2025, Wednesday  
Time: 8:00-9:00pm**

"First of all, I urge that supplications, prayers, intercessions and thanksgivings should be made for everyone." 1 Tim 2:1

<b>9 April</b>	<b>14 May</b>	<b>11 June</b>	<b>9 July</b>	<b>13 Aug</b>	<b>10 Sep</b>	<b>8 Oct</b>	<b>12 Nov</b>	<b>10 Dec</b>
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The intercessory prayer is about uplifting the needs of the church, the needs of others as well as our personal intentions.


## Divine Mercy Way of the Cross (Thursdays)

**Divine Mercy  
Way of the Cross**


Every Thursday @ 8 PM  
6, 13, 19 (Wed) and 27 Mar  
3, 10 and 17 Apr  
Chapel of St Joseph

For more information,  
contact Michael @ 9270 1712.

All are Welcome



## Fridays in Lent (Stations of the Cross)

	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr style="background-color: #4a7ebb; color: white;"> <th colspan="2">Dates</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">07 Mar</td> <td style="padding: 5px;">28 Mar</td> </tr> <tr> <td style="padding: 5px;">14 Mar</td> <td style="padding: 5px;">04 Apr</td> </tr> <tr> <td style="padding: 5px;">21 Mar</td> <td style="padding: 5px;">11 Apr</td> </tr> </tbody> </table>	Dates		07 Mar	28 Mar	14 Mar	04 Apr	21 Mar	11 Apr
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07 Mar	28 Mar								
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21 Mar	11 Apr								
<b>Fridays in Lent</b>	Stations of the Cross : 7.30 pm Mass : 8.00 pm Main Church								



What's on your Mind? (16 Mar @ 2 pm)

Sundays 2.00-3.30pm  
Starting 2 March

WHAT'S ON YOUR MIND?

For students and NSF 13-25 years

Join a conversation on life, faith & purpose

FAITH & BIBLE REFLECTIONS

Alpha YOUTH

This Lent, join the Youth Faith & Bible Reflections community as we explore life, faith and purpose. Register at: [tinyurl.com/YFABLEnt25](https://tinyurl.com/YFABLEnt25)

Mysteries of the Rosary (Tue 18 Mar in person OR Tue 18 Mar via Zoom)

MYSTERIES of the ROSARY  
The Sorrowful Mysteries

Reflect on the Passion & Death of Jesus with this 7-part series beautifully filmed in the Holy Land!

**Face-to-face:** (no registration needed)

- Starts Tues 25 Feb 11.05am, St Joseph AVA Rm

**Online via Zoom:**

- Starts Tues 4 Mar 8pm and Wed 5 Mar 9am
- Register at: [tinyurl.com/FABLEnt25](https://tinyurl.com/FABLEnt25)

Journey through Lent by reflecting on the Passion and Death of Jesus with a video series on the Sorrowful Mysteries. 7 sessions face-to-face and online via Zoom. Please register for the online sessions at [tinyurl.com/FABLEnt25](https://tinyurl.com/FABLEnt25)



**Solemnity of St Joseph, Spouse of the Blessed Virgin Mary (Wed 19 Mar0)**



**Wed 19 Mar : St Joseph,  
Spouse of the BVM**

6.30 am : Mass in the Chapel of St Joseph

6.30 pm : Mass will be held in the Main Church

Please note that the evening Mass will be held in the Main Church.

**Holy Hour for Vocations (Thu 20 Mar @ 8.00 pm)**

**Holy Hour for Vocations  
Thu 20 Mar 2025  
Time : 8 pm  
Venue : Chapel of St Joseph**

The seminarians from St Francis Xavier Major Seminary will be leading the Holy Hour every third Thursday of the month to pray for Vocations.

Please come and join them to pray for vocations to the priesthood!



Picnic with Dad (Sat 22 Mar)

# Picnic with Dad

**SATURDAY, MARCH 22**

3pm - 5pm, St Joseph's Church Community Hall



Looking for a fun and relaxing way to spend a day with your family? Join us for a picnic in the parish! In this month of St Joseph, we invite all dads to bring your family, pack a picnic basket, and enjoy a day of fun and relaxation.



**Join us for a picnic in the parish and make some unforgettable memories with your family!**

Register: [tinyurl.com/Dadpicnic2025](https://tinyurl.com/Dadpicnic2025)



Join us for a picnic in the parish with dad in this month of St Joseph! Please bring your picnic mat and enough food and snacks for your family. Register at: [tinyurl.com/Dadpicnic2025](https://tinyurl.com/Dadpicnic2025)

Prayer thru Music (Wed 26 Mar @ 8 pm)



- ❖ Praise & Worship
- ❖ Scripture Readings
- ❖ Spiritual Talk
- ❖ Community Bonding

Rev Fr Joseph Zhang, CDD  
Superior of Congregation of the Disciples of the Lord  
(Congregatio Discipulorum Domini)



## “He loved us”

**26 March 2025 (Wednesday) 8PM**  
**@ Level 3, St Mary, AVA Room**  
**Parish Community Hall**



**Prayer thru Music** ©  
(brought to you by SAHOP)



**JUBILEE 2025**  
Pilgrims of Hope in Community

e-mail: [sahop.sjcbt@gmail.com](mailto:sahop.sjcbt@gmail.com)



## Scripture Series : Part IX – Book of Esther By Fr Ambrose Vaz



*Ignorance of Scriptures is ignorance of Christ.  
(Catechism of the Catholic Church, 133)*

Time : 9 am to 10.45 am  
Venue : St Joseph AVA Room  
St Joseph's Church (BT)  
Dates : 27 Mar  
03 / 10 / 24 Apr  
08 May  
(5 sessions)

No registration required. All are welcome.  
Do bring along your bibles.



# JUBILEE PILGRIMAGE WALK TO THE CATHEDRAL



- Saturday 12 April 2025
- Starting from 7.45am
- Walk from St Joseph's Church (Bukit Timah) via the Rail Corridor to the Cathedral of the Good Shepherd

Cathedral of the  
Good Shepherd

The Cathedral of the Good Shepherd is the local pilgrimage site for the Archdiocese of Singapore throughout the Holy Year.

In celebration of the Jubilee Year and as part of our Lenten preparation, come join in the Jubilee Pilgrimage Walk to the Cathedral of the Good Shepherd on Saturday 12 April! Visiting the Cathedral in the Jubilee Year provides an opportunity for one to receive a plenary indulgence. For more information and to register, please visit: <https://tinyurl.com/JubileeWalk2025>

## Creating Safe Spaces (22 – 23 Mar)



**Creating Safe Spaces**  
*in Communities and Religious Institutions*

**WHEN:** 22-23 March 2025; 9:00-5:00 pm  
**WHERE:** La Salle House Conference Room  
Facilitated by Fr. James Gascon, SJ

**Who should attend?**

Leaders and members of Church ministries/Catholic organisations  
Persons who accompany others  
*teachers, mentors, catechists, facilitators, etc.*

A Cenacle-organized workshop



**REGISTER NOW**

This two-day workshop seminar introduces Safeguarding as Charism and Spirituality, starting with its theological and spiritual foundation. Abuse and all its forms will be defined. The dynamics of victimization and offending will also be explored. This workshop is highly recommended to all holding leadership positions in the Church.

As Pope Francis insists, “We are a sign that the ministry of safeguarding belongs to all of us as it is part of the Church's ministry, indeed of evangelization itself,” and without safe spaces and interior freedom from the heart, our Church will never be safe where the Gospel is freely proclaimed.

## PIETA (Tue 25 Mar @ 7.30 pm)

### **Pieta Prayer Support for Bereaved Parents**

**Tues 25 March 2025 from 7.30pm to 9.15pm on Zoom**



We invite any parent who has lost a child (regardless of age and no matter how recent or long ago) to meet every fourth Tuesday of the month to pray and support each other.

Enquiries: [pieta.singapore@gmail.com](mailto:pieta.singapore@gmail.com)  
or <https://pieta.familylife.sg/>

*Please email us directly for the Zoom link.*

Note: In April, we will be meeting in person at Catholic Family Life at Highland Road. Please email us for details.



His Seven Last Words on the Cross (Fri 28 Mar)

# His Seven Last Words On The Cross

A Lenten Reflection by Br Collin Wee, FSC

Register now  
<https://forms.gle/c8rmsf1cpmBxAjBd8>



Date: Friday, 28 March 2025  
 Time: 8 pm – 10 pm  
 Venue: La Salle House  
 490 East Coast Road, S'pore 429058  
 Contribution: \$40 per adult  
 SAVE \$10 WITH EARLY BIRD OFFER  
 of \$30 per person if you register before  
 Wednesday, 12 March



Choice Weekend (29 – 31 Mar)



## CHOICE WEEKEND

FOR YOUNG ADULTS  
SINGLE OR DATING  
18-40

A CATHOLIC FAMILY LIFE AFFILIATE

UNCOVER THE RICHNESS AND POVERTY OF YOUR RELATIONSHIPS



29 - 31 March 2025  
Weekend @ LaSalle House

6 - 8 June 2025  
Weekend @ San Damiano Franciscan Centre

18 - 20 October 2025  
Weekend @ Punggol Retreat Centre



Registration closes 2 weeks  
before each weekend  
Contact Greg @ 91704011  
<https://bit.ly/ChoiceSG25>

# AROUND THE ARCHDIOCESE

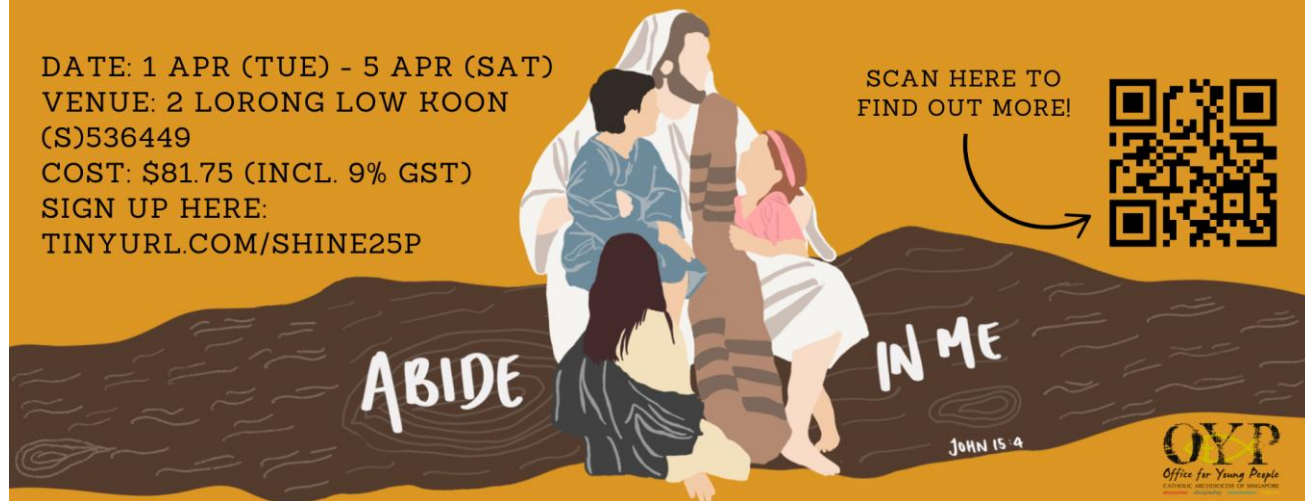
SHINE25 (Tue 1 Apr – Sat 5 Apr)

# SHINE25

FOR POLY, ITE & PRIVATE DIPLOMA STUDENTS  
BETWEEN 16-25 YEARS OLD ONLY

DATE: 1 APR (TUE) - 5 APR (SAT)  
VENUE: 2 LORONG LOW KOON  
(S)536449  
COST: \$81.75 (INCL. 9% GST)  
SIGN UP HERE:  
TINYURL.COM/SHINE25P

SCAN HERE TO  
FIND OUT MORE!



Calling all Polytechnic, ITE and Private diploma students between 16-25 y/o! SHINE is a Catholic encounter retreat for all who are currently studying or waiting to be enrolled in any local Polytechnic, ITE, or private diploma institutions!

Jesus calls you to abide and remain with Him as you enter into a new academic year! Come and accept His invitation!

Seeds of Growth (Sat 5 & 12 Apr)



OYP is back with its next run of Seeds of Growth — happening over two Saturdays in April for all A-levels/IB students!

There'll be worship, faith formation sessions, prayer, and fellowship. Come and grow in friendship with God, and fellow A-levels/IB students!



## Heart-to-Heart Conversations (Sat 05 Apr)

### HEART-TO-HEART CONVERSATIONS (H2H)

Date: 5 Apr 2025 OR 3 May 2025

Time: 9.30am - 3:30pm

Venue: Kingsmead Centre

Cost: \$100/- (lunch included)



CATHOLIC  
LEADERSHIP  
CENTRE

Register at: [www.catholicleader.sg](http://www.catholicleader.sg)

Do you desire to be a better leader or a better companion in journeying with others? Start with being a better listener as listening is the foundation of accompaniment. This Listening Recollection provides participants a sacred time and safe space to reflect silently and listen to God in His Word. Thereafter they are invited to listen to one another without judgment and receive the gift of being listened to with undivided attention, within small groups.

## Companions (Sat 12 Apr)

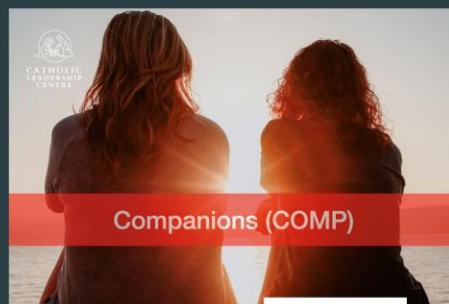
### COMPANIONS (COMP)

Date: 12 Apr 2025 & 17 May 2025

Time: 9.30am – 12.30pm

Venue: Agape Village

Cost: \$60/- (teabreak included)

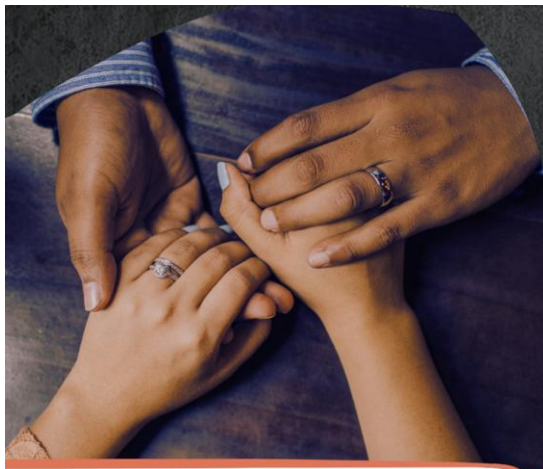


CATHOLIC  
LEADERSHIP  
CENTRE

Register at: [www.catholicleader.sg](http://www.catholicleader.sg)

As baptised followers of Jesus, we are all called to accompany one another in our journey towards holiness. Experience a taster of what it means to be walked with and to walk alongside another within a mutually enriching relationship, each supporting the other to grow in faith and holiness together.

Knowing Me Knowing You (Fri 11 Apr @ 8 pm)



# KNOWING ME KNOWING YOU

*The Key to a Stronger, Happier Marriage*

Marriage isn't just about love—it's about connection, understanding, and growth. Learn how to prevent pitfalls and understand your partner, register now!

**11 APR 2025, FRI | 8PM - 10PM**

**CANA THE CATHOLIC CENTRE,  
L2 - St Flora**

**\$20 PER PAX / \$35 FOR TWO**

**REGISTER: [BIT.LY/KMKY\\_REG](https://bit.ly/kmky_reg)**

\*LIGHT REFRESHMENTS WILL BE PROVIDED



[BIT.LY/KMKY\\_REG](https://bit.ly/kmky_reg)

CJC Lenten Evening (Fri 11 Apr @ 5.15 pm)

CJC x SJI x Office for Young People (OYP)

# Lenten Evening



SCAN THE QR TO  
SIGN UP!

## FROM ASHES TO GLORY: RETURNING. RENEWAL. REDEMPTION.

Catholic Junior College

Friday, 11 April

5.15 pm to 9.15pm  
(Dinner is provided)

Catholic Junior College (CJC) warmly invites all Catholic youth aged 15 to 19 to participate in Lenten Evening 2025!

Held in collaboration with St Joseph's Institution (SJI) and the Office for Young People (OYP), this event aims to create an opportunity for all participants to encounter Christ more deeply in this Lenten season, as well as forge bonds across Catholic students from different schools.

Interested Catholic youths can sign up at <https://tinyurl.com/cjclent25>. Do note that consent from parents/guardians is required via a downloadable form in the sign up link. Please bring the hard or soft copy of the consent form and submit on arrival at CJC. We hope to see you there!



Crucis (Sat 12 Apr)

# CRUCIS SINGAPURA

*A Barefoot Way Of The Cross*

*Come join us for a guided reflection of the Way of the Cross, offering our personal intentions, while walking barefoot (optional) across Singapore*



APR  
12  
2025



Register for free



An Initiative of Jesus Youth Singapore

Jesus Youth invites you to join Crucis Singapura, a unique 'Way of the Cross' experience, where participants walk barefoot (optional) across the island, marking the sign of the Cross. Participants can choose from one of four pre defined routes, ranging from 6 to 18 km. The event is scheduled for 12th April 2025, and registration is free.

Register at <https://singapore.iesusyouth.org> by 6th April 2025. For any inquiries, contact Aji George at 8339 1887.

## Paschal Triduum : Holy Week Retreat (17 – 20 Apr)

# PASCHAL TRIDUUM: Holy Week Retreat

17-20 April 2025  
at La Salle House



Stay-In Retreat  
Limited Vacancies  
Register early



A Cenacle  
organized  
Programme

There will be daily input sessions, spiritual direction, Sacraments and Liturgies from Maundy Thursday to Easter Sunday. Due to limited rooms, early registration is recommended.



Our mission seeks not only to meet essential needs but also to equip these individuals and families with the tools to regain self-reliance and rebuild their lives. By accompanying them on this journey of recovery, we remind them that they are not forgotten. Together, we can offer a beacon of hope and the assurance of God's unfailing love.

# Mission

## BRINGING THE EASTER JOY OF THE RESURRECTION TO REFUGEES IN BOGOR

*St. Josemaria: "Do not forget that doing good means more than wanting to do good. We must sacrifice ourselves, by giving ourselves, for the good of others."*

### 30TH APRIL TO 4 MAY 2025

#### WHAT WE WILL DO

During this mission trip, we will engage in a range of impactful activities designed to bring hope, healing, and empowerment to the refugee community

#### PILGRIMAGE

We end the mission with a pilgrimage of thanksgiving and presentation of petitions to the Church of Our Lady of the Assumption, a neo-gothic masterpiece and one of Indonesia's most iconic Catholic landmarks.

#### HOW YOU CAN HELP

Be a part of the mission. Donate preloved or new items needed by the refugees. If you cannot join, consider sponsoring someone willing to serve but unable to afford the expenses. Pray for Us:

+65 92347889

<https://www.gebirah.org/bogorrefugees>

[gebirah@charis-singapore.org](mailto:gebirah@charis-singapore.org)





From Shifting Sand to Solid Ground (17 – 18 May)

# From Shifting Sand to Solid Ground

A Midlife Retreat by Sr. Bubbles, RC

**Dates: 17-18 May 2025**

**Venue: La Salle House**

*We need to walk on shifting sand  
to find a home on Solid Ground.*



A Cenacle  
programme

The retreat will evoke significant questions during this life transition: Who am I? How have my relationships impacted me? How would I like to live meaningfully and fruitfully? While the approach to this retreat is psycho-spiritual, the call at this life stage is essentially to undertake a spiritual journey towards a more intimate relationship with self, others and God.

## Marriage Preparation Courses



marriage  
preparation  
course

This course, spanning over 6 half-day sessions on weekends, is designed to help couples build strong foundation for a lasting fulfilling marriage.

READY TO MARRY?



**2025 DATES**

**CLOSED** ~~09 Feb - 16 Mar~~

**Q2** 04 May - 08 Jun

**Q3** 20 Jul - 31 Aug

**Q4** 05 Oct - 09 Nov

Scan to  
Register!



Couples intending to celebrate your union in the Catholic Church are encouraged to attend MPC as early as possible before your wedding date

For more info : [www.mpcsingapore.com](http://www.mpcsingapore.com)



# VOLUNTEERS NEEDED

Join Us In Building Stronger Families!



SCAN ME

Pro-Bono Counsellors Recruitment

“ Spread love everywhere you go. Let no one ever come to you without leaving happier. -Mother Teresa-



END